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# Dr. Tredell K. Dorsey Named Master Strength & Conditioning Coach

*Georgia Southern strength director honored by CSCCa*



Football | 5/2/2016 12:09:00 PM

## Story Links

**STATESBORO** – Dr. Tredell K. Dorsey, Director of Strength & Conditioning at Georgia Southern University, will be named Master Strength and Conditioning Coach by the Collegiate Strength and Conditioning Coaches association (CSCCa). This honor is the highest given in the strength and conditioning coaching profession, and the ceremony is the highlight of the association's National Conference each year. Master Strength & Conditioning Coach Ed Ellis, from the University of Georgia, will present Dr. Dorsey with the blue MSCC Jacket on Thursday evening, May 5, 2016, at the Fort Worth Omni Hotel in Fort Worth, Texas.

"This is an incredible honor for Tredell," says CSCCa Executive Director, Dr. Chuck Stiggins. "Being named a Master Strength and Conditioning Coach signifies a

commitment to the student-athlete, the Georgia Southern University Athletic Program, and the strength and conditioning profession. We are honored to have Coach Dorsey as a member of our association and to have him join the ranks of the Master Strength and Conditioning Coaches. He is truly a model of an outstanding strength and conditioning professional."

In order to receive this certification and corresponding title of distinction, an individual must first

- 1) Hold a minimum of a bachelor's degree;
- 2) Be a currently practicing, full-time strength & conditioning coach on the collegiate or professional level;
- 3) Hold current membership in the Collegiate Strength & Conditioning Coaches association (CSCCa)
- 4) Hold the CSCCa Certification – SCCC (Strength & Conditioning Coach Certified); and
- 5) Have a minimum of 12 years experience as a full-time strength and conditioning coach on the collegiate and/or professional level.

Thirty-one collegiate strength and conditioning coaches will receive the prestigious certification of Master Strength & Conditioning Coach at the 2016 MSCC Ceremony: [Dr. Tredell Dorsey](#) (Georgia Southern University); Russell Barbarino (University of Michigan); Angie Brambley-Moyer (Princeton University); Scott Brincks (University of Tennessee - Chattanooga); Keith Caton, Jr. (Indiana University); Rick Court (University of Maryland); Charles Dudley, Jr. (University of Texas - San Antonio); Matthew Eck (University of Nevada - Reno); Joshua Eidson (University of Illinois); Monty Gibson (Texas A&M University); Steve Gortmaker (University of South Florida); Paul Helsel, III, (Colgate University); Matt Herring (University of Missouri); Ben Hilgart (Virginia Tech); Victor Ishmael (University of Miami); Je'Ney Jackson (University of Kansas); Bob Medina (Brigham Young University); Jeff Oliver (College of the Holy Cross); Steve Orris (Nova Southeastern University); Tim Overman (University of Oklahoma); Brad Pantall (The Pennsylvania State University); Matt Parker (Texas Christian University); Jason Phillips (Colorado State University); Sarah Ramey (West Texas A&M University); Travis Reust (University of Texas – San Antonio); Dave Richardson (The Ohio State University); Whitney Rodden (MidAmerica Nazarene University); Chris Ruf (Baylor University); Jon Sanderson (University of Michigan); Sonny Sano (Ohio University); and LaVell Williams (Jackson State University). These 31 coaches will join the existing 156 Master Strength & Conditioning Coaches, bringing the total number of MSCC's to 187.

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